

Parent Consent & Medical Release

I give my permission for the necessary medical treatment of this athlete by a physician and/or medical care facility as may be required. In the case of serious medical emergency, I understand that attempts will be made to contact me.

Participant: _____

Parent's Name: _____

Home Phone: _____

Work Phone: _____

Cell Phone: _____

If contact cannot be made from information above, please call:

Name: _____

Phone: _____

Relationship to participant: _____

Medications: _____

Medical Conditions: _____

Release of Liability

I, _____ am the parent/legal guardian of _____, who will be allowed to participate in XTC Sports Training Camp. I understand & agree that Tony Cruz/XTC and the XTC coaching staff shall not be held liable for any claims, demands, suits and/or expenses arising out of any injuries related in any way to my child's participation in the XTC training. I knowingly release and waive any and all claims of any nature whatsoever against Tony Cruz/XTC and the coaching staff as a result of any injury or illness arising out of or related to my child's participation in this training program.

Signature (parent or legal guardian)

Date



New 42,000 sq ft facility
7922 S. Broadway
Tyler, TX
(previously Tyler Skateplex location)



Summer Training Camps
will be held in the 9,800 sq ft indoor sports
training field, on the indoor stadium steps
and on strength training equipment



2011 Summer Speed, Strength & Conditioning Camps

Boys • Girls • All Ages

_____ WHEN _____

*Camp I: May 30 – June 9
**held at Faulkner Park if XTC Fitness & Sports
is still under construction*

Camp II: June 20 – June 30

Camp III: July 11 – July 21

Camp IV: Aug 1 – Aug 11

Monday – Thursday
10 am – 12 noon

_____ WHERE _____

XTC Fitness & Sports
7922 S. Broadway
Tyler, TX
(previously Tyler Skateplex location)

www.xtremetc.com

903.509.4269





Tony Cruz, Owner/Director XTC

Camp Information

COST

Daily walk-ins \$30
any 1 week \$100
any 2 weeks \$180
any 3 weeks \$240
4 weeks or more \$75/week

Members of XTC Fitness & Sports receive
a 15% discount on camp!

WHAT TO BRING

extra shirt
athletic shoes
towel
cleats
snack if needed

Attention Parents

The waiver and release on the back of this panel must be signed and dated in order for your child to participate.

REGISTRATION FORM

Please return with payment to:
Tony Cruz – XTC Summer Camp
7922 S. Broadway, Tyler, TX 75703
(check payable to Tony Cruz-XTC)

First Name: _____
Last Name: _____
Address: _____
City, St: _____
Zip: _____
Age: _____
Home Phone: _____
Alternate Phone: _____
E-Mail: _____

T-Shirt size:

Youth Sm Md Lg
Adult Sm Md Lg

Why XTC?

A sports camp designed to enhance the physical and mental performance of the individual, giving him or her a decided edge in the sport or physical activity of choice.

OPTIMIZE YOURSELF!

This camp will help build strength, stamina and mental toughness!

